

To be completed by TAAG staff:						
Teacher ID:						
Form Code: CL8	Version: A	Series #:	Seq. #: 01			

8th Grade Health Lessons and Activity Challenges – Lesson Observation <u>Classroom</u> Lesson 1:Fit and Active: EveryBODY can Be Active

Teacher Name:		_ Date	Form Completed	d://	
Observer Code:	Class Sta	rt Time: _	:	Class End T	ime::
1. a. How many gi	ls were taught?	_	b. How m	any boys were ta	aught?
Lesson 1 included the activities listed completed, partially completed, or no					this activity was
		ompleted Activity	Partially Completed		
a. Introduction		1	2	3	
b. Activity: Phys	ical Activity Survey	1	2	3	
c. Activity: Myth	or Reality Quiz Show	1	2	3	
d. Purpose of A	ctivity Challenge	1	2	3	
e. ACA-Challen	ge the Myth	1	2	3	
f. Lesson Sumn	nary	1	2	3	
•	e: please include any				t for lesson to be



To be completed by TAAG staff:						
Teacher ID:						
Form Code: CL8	Version: A	Series #:	Seq. #: 02			

8th Grade Health Lessons and Activity Challenges – Lesson Observation <u>Classroom</u> Lesson 2: The FITT Recipe: A Recipe for an Active Life

Tead	cher Name:		Date	Form Complete	ed: /_//
Obs	erver Code: Class	Start Time: _	:	_ Class End	Гіте::
1. a	a. How many girls were taught?		b. How m	any boys were t	aught?
	esson 2 included the activities listed completed, partially completed, or no				this activity was
		Completed Activity	Partially Completed	Activity not taught	
а	. AC Follow-up to Lesson 1	1	2	3	
b	. Introduction	1	2	3	
C	. Activity: Review the FITT	1	2	3	
	Recipe Principles				
d	l. Activity: Dear Personal Trainer	1	2	3	
е	. ACA- FITT Recipe for a FITT We	ek 1	2	3	
f.	Lesson Summary	1	2	3	
	Comments: (Note: please include a	•			t for lesson to be
-					
_					
_					
_					



To be completed by TAAG staff:						
Teacher ID:						
Form Code: CL8	Version: A	Series #:	Seq. #: 03			

8th Grade Health Lessons and Activity Challenges – Lesson Observation <u>Classroom</u> Lesson 3: Identifying and Breaking Barriers to Physical Activity

er Name:		Date	Form Completed:///	/yy)
ver Code: Class S	Start Time: _	:	Class End Time:	_:
How many girls were taught?		b. How m	any boys were taught?	_
			•	vas
	Completed Activity	•	•	
AC Follow-up to Lesson 2	1	2	3	
Introduction	1	2	3	
Activity: Barrier Continuum	1	2	3	
Activity: Break the Barriers	1	2	3	
ACA- Barrier Busters	1	2	3	
Wearing & Caring for Pedometer	s 1	2	3	
Lesson Summary	1	2	3	
•	-			to be
	How many girls were taught? Seson 3 included the activities listed impleted, partially completed, or not activity: Barrier Continuum Activity: Barrier Continuum Activity: Break the Barriers ACA- Barrier Busters Wearing & Caring for Pedometer Lesson Summary Comments: (Note: please include)	How many girls were taught? Seson 3 included the activities listed below. For impleted, partially completed, or not taught. (circumpleted, partially completed, or not taught. (circumpleted) Completed Activity AC Follow-up to Lesson 2 1 Introduction 1 Activity: Barrier Continuum 1 Activity: Break the Barriers 1 ACA- Barrier Busters 1 Wearing & Caring for Pedometers 1 Lesson Summary 1 Comments: (Note: please include any events of the complete include inclu	How many girls were taught? b. How many girls were taught? cach activity, purpleted, partially completed, or not taught. (circle one per activity) activity completed AC Follow-up to Lesson 2	ver Code: Class Start Time:: Class End Time:: How many girls were taught? b. How many boys were taught? esson 3 included the activities listed below. For each activity, please indicate if this activity of mpleted, partially completed, or not taught. (circle one per activity) Completed Partially Activity Activity Completed not Taught AC Follow-up to Lesson 2 1 2 3 Introduction 1 2 3 Activity: Barrier Continuum 1 2 3 Activity: Break the Barriers 1 2 3 ACA- Barrier Busters 1 2 3 Wearing & Caring for Pedometers 1 2 3



To be completed by TAAG staff:						
Teacher ID:						
Form Code: CL8	Version: A	Series #:	Seq. #: 04			

8th Grade Health Lessons and Activity Challenges – Lesson Observation <u>Classroom</u> Lesson 4: Talking it Out: Using Appropriate Communication Skills to Overcome Barrier to Physical Activity

				Form Completed:/_ // dd / yyy	y)
ser	ver Code: Class St	tart Time: _	:	Class End Time:	:
a.	How many girls were taught?		b. How m	any boys were taught?	-
	sson 4 included the activities listed mpleted, partially completed, or not				as
	(Partially Completed		
a.	AC Follow-up to Lesson 3	1	2	3	
b.	Introduction	1	2	3	
c.	Activity: Barrier Self Check	1	2	3	
d.	Activity: Communication Scenarios	s 1	2	3	
e.	ACA-Talk IT Out and Get Active	1	2	3	
f.	Activity Handout-Talk it Out	1	2	3	
g.	Lesson Summary	1	2	3	
	mments: (Note: please include an				be



To be completed by TAAG staff:							
Teacher ID:							
Form Code: CL8	Version: A	Series #:	Seq. #: 05				

8th Grade Health Lessons and Activity Challenges – Lesson Observation <u>Classroom</u> Lesson 5: Turning It Around: Reducing Sedentary Behavior

_ Date Form Completed:/_/		
me::		
nught?		
his activity was		
for lesson to be		



To be completed by TAAG staff:							
Teacher ID:							
Form Code: CL8	Version: A	Series #:	Seq. #: 06				

8th Grade Health Lessons and Activity Challenges – Lesson Observation <u>Classroom</u> Lesson 6: Put It Together: Get The Word Out

Teac	Feacher Name:		Date Form Completed:/_ /		
Obse	erver Code: Class	Start Time: _	:	_ Class End T	ïme::
1. a.	How many girls were taught?		b. How m	any boys were ta	aught?
	esson 6 included the activities lister completed, partially completed, or ne				this activity was
		Completed Activity	Partially Completed		
a.	AC Follow-up to Lesson 5	1	2	3	
b.	Introduction	1	2	3	
C.	Activity: Getting the Word Out	1	2	3.	
d.	Create Group PSA	1	2	3	
e.	Activity: Airing and Sharing PSA	. 1	2	3	
f.	Lesson Summary	1	2	3	
g.	Awarding Certificates	1	2	3	
	omments: (Note: please include a				
_					